



# Healthy Aging In Place



## Service Inquiry and Referral

### Rehabaid Centre

G/F, Core S, Yuk Choi Road, The HK Polytechnic University, Hunghom, Kowloon

Tel: 23642345

Fax: 27645038

### Rotary Rehabaid Centre for Children

G/F, 7 Sha Wan Drive, Pokfulam, Hong Kong

Tel: 28175196

Fax: 28198041

Email: [admin@rehabaidsociety.org.hk](mailto:admin@rehabaidsociety.org.hk)

Website: [www.rehabaid.org](http://www.rehabaid.org)

Rehabaid Centre is launching a "Healthy Aging in Place" Support Program in 2017 funded by Operation Santa Claus.

This program offers free home safety assessment, functional mobility training and rehabilitation support to the frail elderly, able-bodied young old and people with disabilities currently living at home. Our Occupational Therapist and Physiotherapist will conduct integrated functional assessments and provide tailor made health improvement plan to enhance safety and promote independent living in the community.



## Free Service includes:

- Home-based functional mobility assessment and training
- Assessment in safety & accessibility of living environment
- Osteoporosis screening test
- Technical aids assessment and loan service  
Education for carer and family members, etc.





「老」友記 行得走得計劃



服務申請及查詢

復康專科及資源中心

九龍紅磡香港理工大學育才道S座地下  
電話：23642345 傳真：27645038

扶輪兒童復康專科及資源中心

香港薄扶林沙灣徑七號地下  
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復康專科及資源中心承蒙『愛心聖誕大行動』贊助「『老』友記行得走得」計劃，為退休人士、體弱長者及殘疾人士提供免費家居安全評估、骨質疏鬆風險評估及復康支援服務。

本會基於預防勝於治療的理念，以嶄新的服務模式，為居住在家長者及其家人提供社區為本的基層防治性醫療服務。我們的職業治療師和物理治療師為長者進行功能性的活動能力及家居跌倒風險評估，並提供度身定做的健康改善計劃；以改善長者居家安全及促進其社區獨立生活能力為目標。

服務對象：退休人士、體弱長者及殘疾人士



服務內容：

- 骨質密度評估
- 功能性活動能力評估
- 家居復康訓練
- 家居安全評估
- 協助申請購置 / 租借復康器材
- 照顧者培訓等

