

語言治療服務



服務申請及查詢

復康專科及資源中心

九龍紅磡香港理工大學育才道S座地下
電話 2364 2345 傳真 2764 5038

扶輪兒童復康專科及資源中心

香港薄扶林沙灣徑七號地下
電話 2817 5196 傳真 2819 8041

@ admin@rehabaidsociety.org.hk

www.rehabaid.org

服務內容

復康專科及資源中心是一所慈善團體，三十多年來一直為香港提供社區復康服務。中心會為有語言障礙之人士，提供以家庭為中心的服務。

言語、語言和吞嚥治療服務

本中心的言語、語言及吞嚥治療師為患有各種醫學病而引發的溝通和吞嚥障礙提供治療。使用度身定制的個人訓練去促進病者的康復，旨在提高他們的生活質素，並支援照顧者學習相應的照顧技巧。

服務範疇

語言

難以理解或組織口頭或書面信息

言語

發音、起音、組織和建構語句困難

語音

聲音嘶啞、粗糙和低語

言語流暢障礙

言語流暢不順或語音中斷

吞嚥困難

飲用流質和進食固體食物引至嗆咳、窒息和吸入性肺炎患者

行為進食障礙

因認知行為障礙拒絕進食，導致營養不良和脫水

言語、語言和吞嚥治療適用於以下病因之患者

- **神經系統**：中風，帕金森病，腦痙縮，認知障礙，運動神經元疾病，多發性硬化症，脊髓小腦退化
- **外科**：經喉切除，甲狀腺切除，食管切除手術
- **呼吸科**：哮喘，支氣管炎，慢性阻塞性氣道疾病，後結核病
- **內科**：糖尿病，短期因病後之退化，腎功能衰竭，心房顫動
- **耳鼻喉科**：聲帶結節，甲狀腺腫大，氣管切開手術後
- **腫瘤學**：頭頸癌症後因放射治療引起之僵硬
- **老年病學**：認知障礙，抑鬱症等等

中心治療包括

- 神經肌肉電刺激
- 言語聲音及語意關聯訓練
- 語音編程訓練
- 口腔和面部感知增強刺激
- 聲帶推提治療
- 口肌療法
- 安全飲食稠度建議
- 餵食技巧培訓
- 吞嚥手法
- 熱觸覺刺激

另：於私家醫院進行之**特別吞銀X光吞嚥造影檢查**，用於診斷顯性或隱性嗆食的風險



服務社區38載

Speech Therapy Service



Service Inquiry and Referral

Rehabaid Centre

- 📍 G/F., Core S, Yuk Choi Road, The HK Polytechnic University, Hunghom, Kowloon
- ☎ Tel 2364 2345 📠 Fax 2764 5038

Rotary Rehabaid Centre for Children

- 📍 G/F., 7 Sha Wan Drive, Pokfulam, Hong Kong
- ☎ Tel 2817 5196 📠 Fax 28198041

- ✉ admin@rehabaidsociety.org.hk
- 🌐 www.rehabaid.org

Our Services

Rehabaid is a charitable organization and has been providing community rehabilitation in Hong Kong for over 30 years. We provide family centered services for persons with speech problem of all ages.

The Speech, Language and Swallowing Therapy Service

The Speech, Language and Swallowing Therapist in the Rehabaid Centre provides treatment to individuals suffering from ranges of communication and swallowing disorders secondary to various medical etiologies. Tailor-made individual training programs aim to facilitate client's communication and feeding capacity to enhance his/her quality of life and support caregivers to cope with the corresponding care at his/her residence.

Scope of Service

LANGUAGE

Difficulties in understanding or constructing spoken or written messages

SPEECH

Difficulties in pronouncing, initiating, sequencing and programming speech sounds for communication

VOICE

Hoarseness, harshness and whisperiness of voice

STUTTERING

Disruption of speech flow and fluency

DYSPHAGIA

Difficulties in drinking and eating with risk of choking and pneumonia

BEHAVIOURAL FEEDING DISORDER

Refusal to eat due to cognitive-behavioural factors with risk of malnutrition and dehydration

Speech, language and swallowing therapy are suitable for clients secondary to the following conditions:

- **Neurological:** Cerebral vascular accident, Parkinson's disease, cerebral atrophy, dementia, motor neurone disease, multiple sclerosis, spinocerebellar degeneration
- **Surgical:** Laryngectomy, thyroidectomy, esophagectomy
- **Respiratory:** Asthma, bronchitis, chronic obstructive airway disease, post tuberculosis
- **Medical:** Diabetes mellitus, deconditioning, renal failure, atrial fibrillation
- **Ear, nose and throat:** Vocal nodules, enlarged thyroid, post tracheostomy
- **Oncological:** Radiotherapy secondary to cancer conditions to head and neck areas
- **Geriatrics:** Cognitive disorders, depression

Centre-based therapy includes:

- Neuromuscular electrical stimulation
- Speech sound to meaning association
- Speech sound programming
- Oral and facial sensory enhancement
- Vocal adduction therapy
- Oro-motor therapy
- Diet and fluid modification
- Feeding skills training
- Swallowing maneuvers
- Thermal tactile stimulation

Videofluoroscopic Study of Swallowing at private hospitals for diagnosing risk of overt or silent aspiration



Serving the community for over 38 years