

Dyslexia can be managed – act early to maximize learning potential

Occupational Therapy Services for Students with Dyslexia



#### **Dyslexia**

Local research suggests that up to 10% of students have Dyslexia. A student with Dyslexia may mix up letters within words and words within sentences while reading. They may also have difficulty with spelling words or writing characters correctly, e.g. letter or character reversals.

While weaknesses in literacy are often the most visible sign of Dyslexia, it also affects the way information is processed, stored and retrieved, with associated problems in memory, speed of processing, time perception, organization and sequencing. Some may have difficulty navigating a route, distinguishing left and right or compass directions. Some may even experience visual disturbance when reading, e.g. distorted text perception and difficulties tracking across the page.

#### **Our Services**

Rehabaid has been providing community rehabilitation in Hong Kong for over 35 years. We provide family centered services for students with Dyslexia of all ages.

#### **Assessment**

Occupational therapist will assess the student using standardized international and local assessment tools and clinical observations.

#### **Report & Recommendations**

A comprehensive report with recommendations for both home and school will be provided. We also provide professional report for students to request for HKDSE examination accommodations such as time extension.

#### **Therapy**

Individual training is tailor-made according to the student's needs, interest and motivation, along with input from parents and teachers. On-going support, education, and strategies are provided for parents. Liaison with school personnel is an important part of the training process to help maximize follow-through of therapy recommendations.

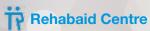
#### Occupational Therapy training includes:

- Core stability and hand-eye coordination
- Fine motor dexterity, handwriting and keyboarding
- Visual-perceptual skills and ocular motor control
- Sensory-motor skills and arousal regulation
- Executive functioning training, etc.



Serving the community for over 35 years

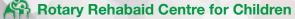
#### **Service Inquiry and Referral**



G/F., Core S, Yuk Choi Road, The HK Polytechnic University, Hunghom, Kowloon

Tel: 23642345

Fax: 27645038



(d) G/F., 7 Sha Wan Drive, Pokfulam, Hong Kong

Tel: 28175196

Fax: 28198041

Email: admin@rehabaidsociety.org.hk

Website: www.rehabaid.org

# ReHabAid Centre 復康專科及資源中心

攜『手』跨『閱』障礙<sup>,</sup> 儘早發揮學習潛能 為讀寫障礙學生而設的 評估及治療服務



### 讀寫障礙

根據香港一項研究顯示,約有百分之十的學生有讀寫障礙的情況。有閱讀/讀寫障礙的學生在閱讀及抄寫時可能會遇到辨認字型、記憶及執筆困難等問題。因此,他們在仿寫中英單詞或書寫字句時往往出現不同的失誤,例如:字母或數字反轉、寫字缺漏筆劃、『裝字』欠佳,或抄寫時間過長等情況。

讀寫障礙是先天性障礙,病因與腦神經系統機能不良或遺傳有關。有讀寫障礙的人士的智力一般屬正常,表面上與一般常人無異,有些兒童甚至在某方面如藝術、科學、數學或運動等有過人的天賦。需要強調的是,讀寫障礙兒童的徵狀不會隨著時間過去而自動消失,故應及早為他們進行評估及治療。

## 服務內容

復康專科及資源中心35年來一直為香港提供社區復康服務。中心會為所有年齡的閱讀障礙學生提供以家庭為中心的服務,讓家長學會如何協助子女在家中進行訓練,使他們了解並學會如何面對升學及就業將會遇到的困難。

#### 評估服務

職業治療師會透過使用國際認可和本地化的評估工 具和臨床觀察為學生作出全面的評估,了解學生在 手部肌能、視覺感知及執行能力等各方面能力的發 展。

## 專業報告

個別評估服務將提供一份包含對家庭和學校建議的 綜合報告供家長及學校參閱。我們亦會為應屆香港 中學文憑試學生提供專業評估報告,以供讀寫障礙 的考生向香港考試及評核局申請特別考試安排。

## 治療

個別治療服務會依據學生的需要、能力和興趣,並配合家長和教師的意見而度身制定治療/訓練方案。治療師會以持續性支援的方式為家長及學生提供針對性的教育及學習策略;並與學校教職員保持緊密的溝通,以貫徹治療/訓練的一致性。

職業治療服務包括:-

- 軀幹控制及手眼協調訓練
- 小肌肉訓練、運筆技巧 及 鍵盤操控訓練
- 視覺感知和眼球控制訓練
- 策劃及優次排序,等等。



服務計區超過35年

#### 服務申請及查詢

## **节** 復康專科及資源中心

⚠ 九龍紅磡香港理工大學育才道S座地下

電話:23642345

傳真: 27645038

## **持軸兒童復康專科及資源中心**

香港薄扶林沙灣徑七號地下

■ 電話:28175196

傳真: 28198041

▼ 電郵:admin@rehabaidsociety.org.hk

째 網頁:www.rehabaid.org